

Tune In

Raleigh Area Flute Association

March 2007

Flute Spa with Pat George

Come and rejuvenate yourself at the famous "Flute Spa" with internationally known flutist and clinician Patricia George.

"Flute Spa" is a participatory workshop designed for flutists of all ages and levels to take a moment to relax and re-assess your flute playing. This session will give you new tools and perspectives on how to improve your performance and practice skills.

Topics may include:

- Effective Warm-up techniques to help you improve your practice
- Learning to relax and focus
- Body Mapping
- How to make your flute sound & play better immediately
- Ideas on effective Phrasing
- A quick overview of Taffanel and Gaubert's *17 Big Daily Exercises for Flute*.

Ms. George will conclude the Spa with a mass flute group piece to try out what we learn during the session.

Bring your flute, a music stand, note-taking materials, and a copy of Taffanel & Gaubert's *17 Big Daily Exercises for Flute*, if you have one. Please dress comfortably and most importantly, enjoy the Spa!

About Patricia George

Internationally-known flutist and teacher Patricia George travels extensively performing and teaching her famous "Flute Spa" masterclasses. Recent engagements include the San Diego (CA) Flute Guild, Rochester (NY) Flute Association, Greater Portland (OR) Flute Society, Texas Flute Society, Northern Arizona University, Ball State University (IN), Madison Flute Society (WI), Philadelphia Flute Society, and the National Flute Convention. She has presented clinics for public school music programs in many states.

As a performer she has toured the United States, Europe, Russia and the Middle East, and her concerts have been broadcast on National Public Radio. With Trio Terra Nova, she has appeared at the International Double Reed Conventions in Arizona, Wisconsin, and Canada, in addition to regularly scheduled performances at Temple Square Assembly Hall in Salt Lake City and throughout the Intermountain West.

Ms. George is the Principal Flute of the Idaho State Civic Symphony and Sewanee Festival Orchestra.

A Consulting Editor for *Flute Talk* magazine, she writes the monthly column "The Teacher's Studio." She has written for Idaho Music Educator's *Notes*, the National Flute Association's *Flutist Quarterly*, *Chamber Music America*, *Idaho Falls Post Register*, and the *Idaho State Journal*. Ms. George is a regular contributor to FLUTE, a 2200-member international internet flute list. Of her writing's Sir James Galway wrote: "This is a public note of thanks to Patricia George for all the time she took to write her words of great wisdom on the list. I thought her postings were really great, very wise and experienced based . . . have to tell you how much your enthusiasm inspires me and I am sure I speak for others in this regard."

Ms. George is the Flute Professor at Brigham Young University-Idaho, the Sewanee (TN) Summer Music Festival, and the American Band College (The University of Southern Oregon). A graduate of the Eastman School of Music, her teachers include the legendary American flutists Joseph Mariano (Rochester Philharmonic), William Kincaid (Philadelphia Orchestra), Julius Baker (New York Philharmonic) and Frances Blaisdell.

Sunday, April 15

2:00 to 5:00 p.m.

Meredith College

Choral Room (#121) of Wainwright Music Bldg.
Free for RAFA members; \$10 general admission

Flute Choir News

RAFA's flute choirs are in the midst of preparing for their spring concerts. Silver Fantasy Flute Choir will perform for downtown Raleigh's Easter sunrise service on the Capitol grounds, April 8 at 6:30 a.m. RAFA's three choirs will present a joint concert on Sunday, May 6 in the afternoon (details to be confirmed soon). The choirs will also participate in the RAFA Members' Recital on Sunday, May 20, 3:00 p.m. at Croasdaile Village's Ponder Auditorium in Durham. All events are free and open to the public.

Due to health issues, Tunisia Bullock had to unfortunately resign in December as director of Silver Pipes and Silver Winds, but we are delighted to announce the appointment of Twila Kelly as director of those two choirs.

Participating in flute choirs this semester are the following RAFA members:

Silver Winds (beginner)—Tricia Bishop, Simone Gregor, Caitlin Monahan (Director: Twila Kelly)

Silver Pipes (intermediate)—Ashlyn Batten, Sandi Brinich, Kaitlyn Dunn, Mary Garrett, Savannah Gerlach, Briana Jenkins, Richard Jung, Annie Kang, Micaela Magee, Shannon Smiley, Sonja Thalheimer, Anusha Vasudeva, Alfre Wimberley (Director: Twila Kelly)

Silver Fantasy (advanced)—Connie Chu, Kathy Hancock, Augusta Johnson, Amy Lichorwic, Andrea McKerrlie, Yva Miller, Jennifer Neese, Seema Ravishankar, Sindhu Ravishankar (Director: Rosene Rohrer)

New members are welcome to join RAFA's flute choirs in September and January. Audition details are listed at www.RaleighFlutes.org.

2007 All-District Band

Congratulations to the following RAFA students for their successful auditions to participate in recent All-District Band festivals:

Middle School (Central District)—Jake Beerel, Paige Brean, Anusha Vasudeva, Katherine Sipple, Ayla Goktan, Natalie Bader, Kaitlyn Dunn (oboe), Cindy Kang, Sofia Blanco.

High School (Central District)—Hannah Thurman, Elly Walsh, Karen Kuntarich, Deanna Wung, Scott Kemsley, Audrey Chang, Jenny Xue, Mindy Yuan, Connie Chu, Sarah Vitullo, Melissa Dobbie, Jennifer Neese, Mary Becker, Whitney Weigold

High School (Eastern District)—Jarren Webb, Shana Hakanson, Kathryn Holley

Flutes for Sale

RAFA member and teacher Susan Fritts, a representative for Flute Center of New York, offers the following brands of new flutes from her Raleigh home: Altus, Powell, Pearl, Sonare, Aprenti, Sankyo. Also available are Jupiter and Burkart piccolos. Used instruments can also be purchased. Instruments may be taken home on trial.

Contact Susan at sfritts@nc.rr.com or (919)-740-1995.

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Summer Opportunities

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June 23-30, 2007 in Little Switzerland, NC
Guest artists Göran Marcusson, Stephen Preston, Amara Guitry, Brad Garner, Helen Spielman, Lea Pearson, Amy Rice Blumenthal, Joy Sears
Ph: 478-237-4464
Email: WildacresFlute@bellsouth.net
Web: www.barefootboy.org/wildacres.html

National Flute Association Convention

August 9-12, 2007
Albuquerque Convention Center in Albuquerque, NM
Concerts, workshops, exhibits, competitions,
and much more!
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Learn More!

Helen Spielman attended both the National Flute Association convention in Pittsburgh, PA and the British Flute Society International convention in Manchester, England this past August. She's written lively, engrossing, detailed summaries of both events (too long to print in this newsletter), and is happy to share them with RAFA members at no charge. You may request an email or print copy from Helen at: hbs@email.unc.edu or (919) 929-4520.

Flute Fair 2006

by Helen Spielman

Our RAFA Flute Fair was a smash hit! One of our biggest crowds ever came to hear Göran Marcusson, Swedish flutist and Tim Carey, English pianist. My students described them as fantastic, amazing, unbelievable. The flute professionals in the crowd concurred that they'd rather hear Göran play than anyone else; that his singing tone, his magnificent musicality and phrasing, his vast range of tone colors and glorious interpretation of the music and his ability to communicate it to the audience were at the top of the field of flutists today.



Göran Marcusson



Tim Carey

In his masterclass, Göran focused on the character of the performed works. He told one player that her Mozart G was too cute—it needed more *maestoso*, like royalty, like a mountain. He explained how to contrast the masculine and feminine passages. He showed another student how to release tension in her face, due to her raised eyebrows and loss of tone in the lower register. Characteristically, Göran had the audience in constant laughter, imitating the players' mistakes with his flute, voice, or body to illustrate what needed to change and then showing and explaining a better example.

His and Tim's concert consisted of the Gaubert Sonata, the Taktakishvili *Sonata*, several Swedish pieces, and the Gade *Tango Fantasy*. The audience was hushed with

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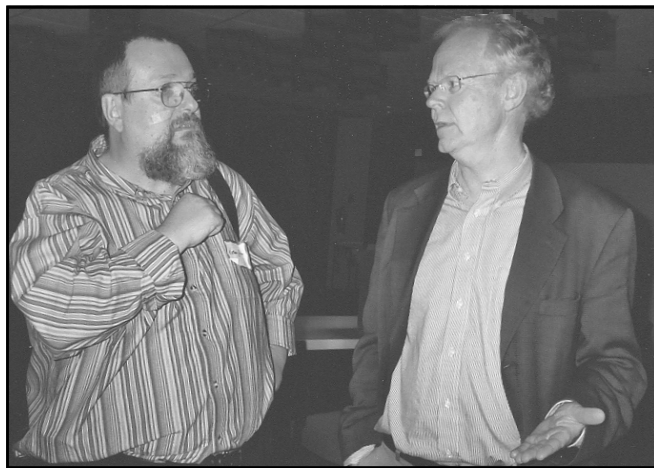
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awe, then yelled with excitement and enthusiasm at the display of flute playing at its finest. During a Swedish piece, the lights in the hall went out. Tim and Goran kept playing, and when the lights suddenly came back on, Göran raised his eyes and blinked at the audience with great amusement, making everyone laugh. He didn't skip a beat.

Both of these guys stayed at our house during their visit. They're hilarious together. Tim is interested in everything—books, the beautiful autumnal leaves, the art in our home, my husband's work, our neighbors. Göran is all music. He couldn't wait to put his newly recorded CD in our stereo, telling us stories of its making, talking all day about other flute players and their activities, whistling while ironing his shirt, riding in the back seat of my car and popping a CD in the stereo, then singing some other piece



Nathan Zalman and Brooks de-Wetter Smith

while that CD played. We laughed so much over the weekend, I can't begin to describe the fun and the joking!!

I attended "Unleash Your Inner Flutist: The Way of the Improviser"—a brilliant workshop given by Dr. Nathan Zalman. This workshop was well presented, fun, informative, thoughtful, and fascinating. Nathan gave the class in an encouraging, easy way that allowed each participant to try that scary thing without having to play alone.

I presented my workshop "Performance Anxiety from Inside Out." We had a responsive group ranging from high schoolers to university professors and orchestral flutists, and we engaged in an open, lively, and sometimes deeply personal and touching discussion about this topic that is so pervasive in the experience of making music.



Helen Spielman

What a wonderful weekend it was!

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Silver Fantasy had the distinct privilege to be the first ensemble to perform in the community center renovated by ABC's *Extreme Makeover Home Edition*. The choir performed December 10 for Raleigh Mennonite Church, which uses the facility for its worship services.

Catherine LeGrand
Flutist/Teacher



919.403.6152
 919.656.0383

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Second Winds

RAFA's Second Winds, the support group for adult amateur players will meet at 2 p.m., Sunday, March 25 at St. Philip Lutheran Church. Our theme will be, "the waltz." Direct questions to Ami Allgeier at *tigger@nc.rr.com*.

RAFA Membership Roster

RAFA's membership roster was recently sent electronically to members as an email attachment. If you failed to receive a copy or would prefer a hard copy, please contact Liz Gibbs at (919) 231-2433 or *elgibbs@nc.rr.com*. We're doing our best to save postage, paper and trees!



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2006 Review & Contest Winners



On November 5, 125 flutists participated in the 22nd Annual Review & Contest. Congratulations to the following winners who performed in a concert and received scholarships totaling \$2,500.

Division	Winners	Honorable Mention	Division	Winners	Honorable Mention
1 elementary	Alison Chang		5	Alessandra Gabbianelli	Emily Pate
1	Clare Phillips	Amanda Dobbins		Audrey Chang	Tina Yoon
2 elementary	Sneha Venkatraman			Grace Halvorsen	
2	Hee Won Kim	Kassiane Wehbie	6	Grace Lane	
	James Woodward			Kathryn Holley	Eileen Jang
3 elementary	Mary Francis		6 college	Sun Min Lee	
3	Perry Dubow	Cindy Kang	7	Scott Kemsley	Taylor Fogg
	Katherine Sipple		7 college (UG)	Kristen Aggers	Johanna Albrecht
	Anusha Vasudeva		7 college (grad)	Sara Warren	
4 elementary	Eugene Siegel		8	Murphy Chang	
4	Catherine Bernstein	Sofia Blanco	8 college	Erin Munnelly	Jessica Epps
	Jennifer Neese				
	Dianwen Li				

Raleigh Area Flute Association is supported by United Arts Council of Raleigh and Wake County, with funds from the United Arts campaign and the North Carolina Arts Council, an agency funded by the State of North Carolina and the National Endowment for the Arts.

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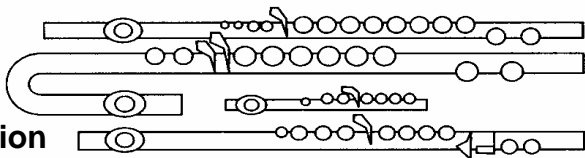
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**Raleigh
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Tune-In serves the needs of RAFA members. As such, articles of immediate local interest will be given priority over material of a general and broader nature. Articles with 500 words or less are preferred. We reserve the right to edit longer articles for length, relevance and clarity. Accompanying photos with captions are welcome. Please submit all materials to info@RaleighFlutes.org. Submission deadlines are February 1, April 1, July 1 and October 1.

Tune In

Tune In is published from September through May (four issues) by the Raleigh Area Flute Association (RAFA), a non-profit organization.

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A stylized graphic of a flute, oriented horizontally. The body of the flute is represented by a series of circles and lines. A treble clef is positioned at the top left, and a series of musical notes are scattered along the length of the flute.