

Tune In

Raleigh Area Flute Association

November 1999

Flute Fair with a Latin Twist



Marco Granados

Venezuelan flutist **Marco Granados** will be the featured guest artist at RAFA's 10th annual Flute Fair. Held Saturday, November 20 at Highland United Methodist Church in Raleigh, the event will include a masterclass and group class on Latin music, exhibits, workshops, an open flute choir session, the Contest Winners' recital, and a closing concert by Marco and Un Mundo Ensemble. Bring your flute and join in the day's activities. There is something for everyone – for all ages and levels of playing. See enclosed flyer for details.

A native of Venezuela, Marco Granados maintains an active international career as a soloist, chamber musician, and teacher. His diverse repertoire spans from the classics to folk and contemporary music, with an emphasis on Latin and Latin-American music as his specialty. A devoted educator, he is currently on the faculty of The New Music School in Manhattan.

Mr. Granados has been a member of many critically acclaimed ensembles, among them the Quintet of the Americas, The New York City Symphony Orchestra, Camerata Latinoamericana with Paquito D'Rivera, the Granados/Abend Duo, and Un Mundo Ensemble. As a member of Horizon Concerts, an organization that brings classical music to the underprivileged, Marco Granados performed as a soloist in their 1996 Gala Benefit Concert. As a soloist, Marco has been invited to return to South America this season to perform with both the Venezuelan Symphony Orchestra and the Philharmonic Orchestra of Lima. He recently returned from a highly successful appearance as guest artist for the British Flute Society's annual convention.

Since his Carnegie Hall debut in 1991, Mr. Granados has appeared as soloist with numerous orchestras (The New York Symphony, Philharmonia Virtuosi of New York, The Juilliard Chamber Orchestra, members of the Cleveland Orchestra), and has been a featured guest in nationwide radio broadcasts. As a recording artist, he has appeared on such labels as CRI, Chesky Records, MMC Records, and XLNT Records.

For his RAFA appearance, Marco Granados will be joined by members of **Un Mundo Ensemble**, a trio of some of the best and virtuoso Latin American musicians, in order to bring forth the excitement, passion and energy of the beautiful music of Venezuela and Latin America. The ensemble includes Venezuelan guitarist **Aquiles Báez** (also performing on cuatro), and double bass player **Luis Gomez-Imbert**.

**Saturday, Nov. 20 Highland United Methodist Church
1901 Ridge Rd., Raleigh**

10:00 a.m. – 12:00 p.m. Masterclass
12:30 p.m. – 1:15 p.m. Flute choir session
4:00 p.m. – 5:30 p.m. Concert

See the enclosed flyer for more information.

RAFA thanks the Brannen-Cooper Fund, sponsor of Marco Granados, for their support of this event.



Un Mundo Ensemble

Other Flute Fair Events

Exhibits (9:30 a.m. – 4:00 p.m.)

We welcome past exhibitors **Flute World, J L Smith & Company, Carolyn Nussbaum Music Company,** and **Burrage Music Company**. These exhibits will feature an array of flutes, piccolos, headjoints, music, tuners, metronomes, accessories, and gift items. This is a great opportunity to stock up on some new music and try out the latest flutes (Pearl, Haynes, Muramatsu, Jupiter, Sankyo, Gemeinhardt, Yamaha, Powell, Miyazawa, Burkart piccolos, and more!). We also welcome new exhibitor **Rodger Young Instrument Repair Service**, with a display of Rodger Young and Jonathan Landell headjoints as well as information on repair services and Landell's summer flutemaking courses.

Lunch (12:00 – 12:30 p.m.)

Pizza, drink, fruit & cookies will be served. A \$3 donation is appreciated.

Flute Choir Session (12:30 – 1:15 p.m.)

Directed by Marco Granados

Bring your flute and music stand. Marco Granados will conduct Latin works, including Victor Rojas' *Salsita*. To receive the music in advance (the rhythms are very complex!), contact Rosene Rohrer at (919) 781-3225 or drohrer123@pobox.com.

Workshops (1:30 – 3:30 p.m.)

The Flute and the Internet (1:30 – 2:15 p.m.)

Led by flutist and Internet enthusiast Helen Spielman.

Learn how the internet can dramatically impact your life as a flutist and find out about introductory flute-related websites and email discussion groups.

Stagefright: Using Your Nerves to Your Advantage (2:30 – 3:30 p.m.)

Led by flutist and psychiatrist Suzanne Sutherland.

Learn about causes of anxiety, understand how the experience of anxiety differs from one person to another, identify thought patterns that increase or decrease anxiety, and learn techniques to decrease stagefright and performance anxiety.

Contest Winners' Recital (2:30 – 3:45 p.m.)

The winners from RAFA's Review and Contest will perform in a recital. Family and friends are invited to attend this recital at no charge. Come and be inspired by these talented young musicians!

Concert by Un Mundo Ensemble (4:00 – 5:30 p.m.)

Marco Granados (*flute*), Aquiles Báez (*cuatro & guitar*), and Luis Gomez-Imbert (*bass*) perform an exciting program of music from Venezuela and Latin America.

Spotlight: Ryan Ward

RAFA student member Ryan Ward, a junior at Asheboro High School, was chosen to attend Governor's School Orchestra at Salem College (Winston-Salem, NC) this past summer. She studied and performed with the orchestra for six weeks.

Ryan was chosen by taped audition to perform with the National High School Flute Choir at the National Flute Association (NFA) Annual Convention in Atlanta in August. Of the 25-member choir, Ryan was one of two chosen to perform from North Carolina. She also performed with the 160-member World Flute Orchestra in the opening ceremony for the NFA Convention.

Ryan also recently auditioned and was chosen to perform with the Greensboro Symphony Youth Orchestra (Greensboro, NC) for the 1999-2000 season.

Ryan performs as principal flutist with the Asheboro High School Marching Band and Honors Wind Ensemble. She was also First Chair in the 1999 North Carolina All-State Band. Her teacher is Deborah Egekvist, Professor of Flute at UNC-Greensboro.



Ryan Ward (on right) with her teacher Deborah Egekvist at the NFA Convention in August.

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Note from the editor: We enjoy recognizing accomplishments of our members. Send items of interest to TuneIn@RaleighFlutes.org.



Review and Contest

RAFA's 15th annual Review and Contest will be held **Sunday, November 14**, 2:00 - 6:00 p.m., at Highland United Methodist Church, 1901 Ridge Rd., Raleigh. 120 students will be participating this year!

Information has been mailed to teachers and students with specific times and instructions. Please remember that only original music is accepted at the Review and Contest - no photocopies! Judges must also be supplied with an original score, with measures numbered.

Participants should plan to **arrive at least 30 minutes before** their scheduled time for check-in, instructions, and warm-up. Winners will be announced for each division after the last person has performed in that particular division. All winners will be notified that evening by the contest coordinator. These winners will perform at the Flute Fair on Saturday, November 20, at 2:30 p.m. at Highland United Methodist Church in Raleigh. **Families and guests are invited to the Winners' Recital at no charge.**

If you have any questions, call Review & Contest coordinator Kim Allemang at 873-0603.



Coping with Stress



Performance anxiety . . . pressure . . . dry mouth . . . nervous fingers. Yes, as musicians most of us have to deal with performance jitters from time to time. A recent news report tells of sports psychologist Don Greene, who was invited to work with members of the New World Symphony. The symphony is comprised of some of the most talented musicians in America, who practice with the New World before auditioning with major orchestras for high-paying jobs that could last a lifetime.

Many orchestra members had crushing experiences similar to the violinist who spent \$1000 to audition for an opening in the San Francisco Symphony. His parents had paid for his music education since he was 4 and had mortgaged their house to buy him the best violin. All for this moment. At the 10-minute audition, he said he felt crushed by tons of pressure. "Sorry," the proctor said afterward.

How do we deal with this intense performance pressure? Green's suggestion: focus on what you're doing. Stay focused.

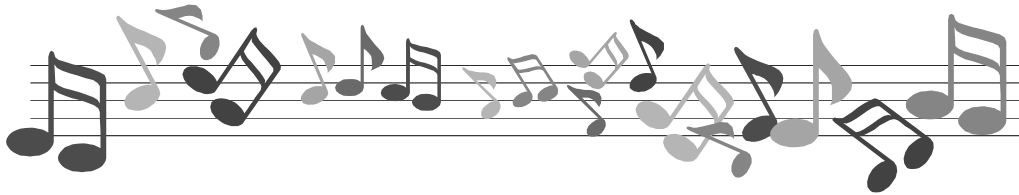
Green gives this example. Set up a board on the ground, three feet wide, and 10 feet long, and ask someone to walk the board, and of course they can. Now suspend the board between two skyscrapers and see what happens. A person starts getting scared. They start to imagine the worst. ("If I fall, I die.") Now the walking gets really tough.

The trick to overcome the anxiety is to focus on what you're doing. Keep your eyes on the board . . . and walk!

For more help in dealing with performance anxiety, plan to attend **Suzanne Sutherland's** workshop at the Flute Fair on November 20th. See page 2 for details.

Concerts

- Oct. 30 Graduation Flute Recital**
2:00 p.m. Jennifer Angove, flute
Carswell Auditorium, Meredith College
- Nov. 5 Graduation Flute Recital**
8:00 p.m. Wimberly Moore, flute
Carswell Auditorium, Meredith College
- Nov. 12 Junior Flute Recital**
8:00 p.m. Alys Hansley, flute
Carswell Auditorium, Meredith College
- Nov. 20 Flute Fair Concert**
4:00 p.m. Marco Granados and Un Mundo Ensemble
Highland United Methodist Church
1901 Ridge Rd, Raleigh
RAFA members – free
General admission - \$7
- Dec. 3 Robert Dick, flute**
8:00 p.m. Crawford Hall, N.C. School of the Arts
Winston-Salem, NC
\$8 adults/\$6 students and seniors
(336) 721-1945 (box office)
- Dec. 4 Silver Fantasy Flute Choir**
4:00 p.m. Candle Tea Raleigh Moravian Church
1816 Ridge Rd, Raleigh
- Dec. 10 Raleigh Flute Choir**
8:00 p.m. N.C. Museum of Art (auditorium)
2110 Blue Ridge Rd, Raleigh
\$5 adults
\$2 students & museum members
- Dec. 12 Raleigh Flute Choir**
4:00 p.m. N.C. Museum of Art (auditorium)
(see Dec. 10 concert above)
- Dec. 31 Raleigh Flute Choir**
6:30 p.m. First Night Raleigh
7:30 p.m. First Baptist Church
8:30 p.m. 101 S. Wilmington St, Raleigh
Admission with First Night button
- Jan. 2 Raleigh Flute Choir**
10:30 a.m. Duke Chapel
Duke University – West Campus
Durham, NC



Honorary Members

To commemorate RAFA's 15th anniversary and the new millenium, the Board of Directors voted to add Honorary Memberships. Congratulations to the following persons, who were voted to become RAFA's first five honorary members: **Don Adcock** – veteran flutist and teacher in the Raleigh area, who encouraged many students through the years.

Ann Pearce – RAFA co-founder and treasurer. Ann has faithfully kept the financial records and kept us fiscally solvent these past 15 years!

David Rohrer – behind-the-scenes extraordinaire! The past 15 years we have appreciated David's expertise in concert recording, newsletter design, flute fair staffing, and help whenever and wherever needed. The Glaxo-Wellcome GIVE Program has recognized David's volunteer hours.

Rosene Rohrer – RAFA co-founder and president since 1986. Rosene also edits the newsletter and conducts the Silver Fantasy Flute Choir.

Anna Ayres Smith – RAFA co-founder and 1st president until she moved to Georgia a year later. Anna's vision and energy got us off to a great start in 1985!

Elizabeth Ransom Event

The September RAFA event featuring flutist Elizabeth Ransom and pianist Margaret Cornwell focused on twentieth century music and techniques. Today's music pushes the limits of our flute playing, not only by requiring us to play faster and louder, using all kinds of new sounds, but also requires that we be able to play with greater beauty and delicateness. Those who attended the recital were treated to these two highly skilled musicians, who easily and effortlessly met the demands of the music.

Beginning with Copland's *Duo*, the musicians displayed warmth and charm in their interpretation of this familiar work with its accessible folk song influence. Alan Fletcher's *Romance*, written in 1990, is an unusual polytonal work, with the flute and piano written in different keys. Each instrument has a beautiful melody on its own, and the complexities occur when the two come together. Next, the duo performed Eldin Burton's *Sonatina* (1948), written first as a piano sonata for a Julliard composition class. The work was expanded into its present form through encouragement of Burton's professor and the inspiration of his fellow classmate, flutist Samuel Baron.

The last portion of the concert featured a delightful rendition of Robert Dick's *Lookout* (1989), which incorporates numerous extended techniques such as multiphonics, singing, key clicks, and harmonics to a catchy, "popular" tune.

In the group class that followed the concert, Ms. Ransom had everyone performing *Lookout's* catchy tune – singing and playing at the same time! What a fun way to try something new! In addition to singing and playing, the more than twenty flutists who attended the group workshop had a chance to try harmonics, key clicks, multiphonics, percussive effects, and more. Our appetites were whetted to go home and try this some more!

If you're fairly new at using extended techniques, Ms. Ransom suggests working on Robert Dick's *Flying Lessons*, short pieces written for this purpose. Pick up a copy of the music at Flute World's booth at the Nov. 20 Flute Fair or call them at (248) 855-0410. Another work that incorporates extended techniques for intermediate players is *Petite Suite* by Dona Gilliam and Mizzy McCaskill (Mel Bay Publications). The work's eight short movements incorporate changing meter, serialism, harmonics, flutter tonguing, pitch bending, key vibrato, multiphonics, and key clicks. (Four movements are included in the collection *Solos Pieces for the Intermediate Flutist*.)

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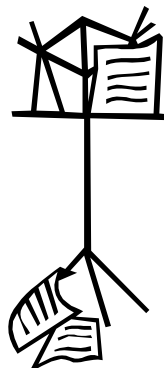
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Reflections by Helen Spielman

On Tuesday evening, September 14, two days before the hurricane, twelve teen and adult students of Helen Spielman attended a private masterclass given by Moshe Aron Epstein, visiting flute professor from Israel. Mr. Epstein played on both a gold flute and a 120-year-old wood flute, and everyone learned a lot.

Mr. Epstein said that studies have been done that show that when we play a G3 on the flute, our air is travelling at 60 miles per hour. He told us that if we all got together and blew against the hurricane, the hurricane would turn around and go away!

I just finished reading a book called *Practicing for Young Musicians: You Are Your Own Teacher* by Harvey R. Snitkin. The “revised and expanded edition” was published in 1997, by HMS Publications.

This book is terrific for youngsters, I’d guess between about ages nine through fourteen. It’s written in an interesting way for this age group, and covers topics such as making a commitment to practice, planning and using practice time wisely, practicing slowly, warming up, practicing scales, using technology, and more. The book is formatted into small sub-chapters, many with intriguing titles, for example:

“*At Lessons, You Rent Your Teacher’s Ears*”

“*Between Lessons, You Are Your Own Teacher!*”

“*When Practicing Scales, You Can’t Fool Mother Nature: Start Slow!*”

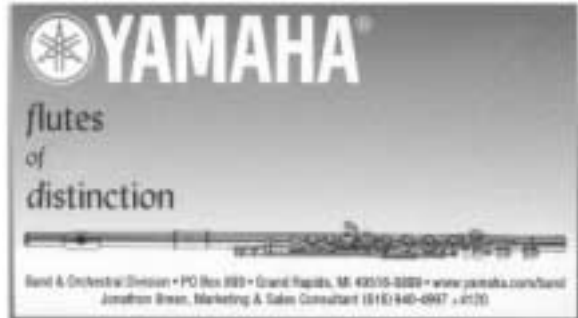
and my favorite:

“*Television is Not a Good Practice Partner*”

This is a substantial book (151 pages) with sound, solid, excellent advice that would be applicable to any young flute student. I plan to leave this book on my waiting room table for students to browse through, and have written a flyer for parents encouraging them to get this book for their children; it’s worth having.

I initially saw this book at Barnes and Noble bookstore, and bought my copy through Amazon. Highly recommended!

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RAFA is supported by the United Arts Council of Raleigh and Wake County, with funds from the Grassroots Arts Program of the North Carolina Arts Council, a state agency, Wake County and the United Arts Campaign.

Tune In

www.RaleighFlutes.org – Be sure to get the latest information on RAFA events and more at the RAFA web site!

In this issue:

- Marco Granados at the 1999 Flute Fair
- Coping with Stress
- 1999 Review and Contest
- Honorary Members
- Concert List

and more!

Tune In is published from September through May (five issues) by the Raleigh Area Flute Association (RAFA), a non-profit organization.

Tune In is distributed without charge to RAFA members and sponsors.

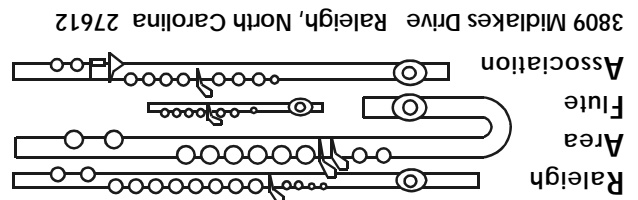
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Items of interest may be submitted for publication by calling (919) 781-3225 or sending e-mail to TuneIn@RaleighFlutes.org.

Deadline for the next issue is November 1, 1999.

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The Raleigh Area Flute Association's

1999 Flute Fair

*Featuring Venezuelan
flutist Marco Granados*

Saturday, Nov. 20
9:30 a.m. – 5:30 p.m.



Highland United Methodist Church
1901 Ridge Rd, Raleigh

(see back for schedule and directions)



For more information,
call (919) 781-3225 or visit www.RaleighFlutes.org

Sponsored by Raleigh Area Flute Association, this project is supported by a grant from the Brannen-Cooper Fund and the United Arts Council of Raleigh and Wake County, with funds from the Grassroots Arts Program of the North Carolina Arts Council, a state agency, Wake County and the United Arts Campaign.

Flute Fair Schedule

- 9:30 a.m. Registration & Exhibit Hall opens
- 10:00 a.m. – 12:00 p.m. Masterclass with Marco Granados
*The session will include a group class on performing in the Latin style, so **bring your flute** and join in the fun!*
- 12:00 p.m. – 12:30 p.m. Lunch (provided at small cost)
- 12:30 p.m. – 1:15 p.m. Flute Choir Session
*Marco Granados will lead a mass flute choir of Latin works, including Victor Rojas' Salsita. **Bring your flute** and play along! If you want copies of the music ahead of time (the rhythms are complex!), contact Rosene Rohrer at (919) 781-3225 or send e-mail to drohrer123@pobox.com.*
- 1:30 p.m. – 2:15 p.m. Workshop: Flute and the Internet
Led by Internet enthusiast and Chapel Hill flute teacher Helen Spielman.
- 2:30 p.m. – 3:45 p.m. Contest Winners' Recital
Parents and friends are invited to attend at no charge.
- 2:30 p.m. – 3:30 p.m. Workshop: Stagefright: Using Your Nerves to Your Advantage
Led by flutist and psychiatrist Suzanne Sutherland.
- 4:00 p.m. – 5:30 p.m. Concert by Un Mundo Ensemble, with Marco Granados (*flute*), Aquiles Báez (*cuatro & guitar*) and Luis Gomez-Imbert (*bass*)
Performing the passionate, energetic and beautiful music of Venezuela and Latin America.

Admission

RAFA Members: free
General Admission: \$12 all day, or \$7 for concert only

Directions to Highland United Methodist Church

From West

Follow 40 East toward Raleigh. Exit at Wade Ave. Turn left at 2nd light (Ridge Rd.). Go through 1st traffic light (Lake Boone Trail), then make immediate left into church parking lot.

From North/South/East

Follow Raleigh beltline (I-440) around to the west side of the city. Exit at Lake Boone Trail, turning left at bottom of exit ramp. Go to first traffic light (Ridge Rd), turn left, then make an immediate left into church parking lot.